

HSOR Associate Degree Credit Hours and Class Hours - General**Semester I Summer (July – October: 14 weeks)**

Subjects	US Based Credits
English Language and Communications	3
Introduction to Outdoor Adventure & Recreation	3
Environment Science for Outdoor Adventure	3
Applied Mathematics	2
Research Statistics and Analytics	1
Swimming	1
Mountain Biking – Level I	1
Wilderness First Aid Medicine	1
Total	15

Semester II Spring (January - May: 14 Weeks)

Subjects	US Based Credits
Tourism & Hospitality	3
Trekking Guidance & Management	3.5
Recreation Park Management and Wildlife Conservation	3
IT, ICT and Digital Media	2
Risk Assessment and Management	1
Leave No Trace Protocol	1
Avalanche Fundamentals – Level I	1
Rock Climbing Fundamentals – Level I	1
Total	15.5

Semester III Summer (July - October: 14 weeks)

Subject	US Based Credits
Physical Geography and Meteorology	3
Business and Financial Management	3
Human Physiology & Kinesiology	3
Science for Outdoor Adventure (Physics, Chemistry, Biology)	3
Ropes & Knots in Outdoor Adventure	1
Camp Cuisine	.5
Fall Internship: Outdoor Adventure & Recreation (October-December)	(3)
Total	16.5

Semester IV Spring (January – May: 14 Weeks)

Subjects	US Based Credits
Downhill Skiing	1
Marine Studies	1
Snorkeling & Scuba Diving	1
River Rafting and Sports Operation & Management I	3
River Rafting and Sports Operation & Management II	3
Interpersonal Skills and Leadership in Group Dynamics	3
Expedition Planning and Operations	2
Swift Water Rescue – Level I	1
Total	15